

Fire Awareness & Extinguishers

The duration of the course is **3 hours**. Each course can take 12-15 delegates max.

A well-trained workforce will not only help prevent fire but will also minimise the effect should one occur.

This course is designed for all employees. It will give them a far greater *appreciation of fire prevention* in the workplace which in turn will give the employer far more *collective responsibility*. The aim of the course is to make employees more proactive in not only preventing the potential for a fire to occur but also complying with company policy and procedures already laid down. The extinguisher input is designed to build confidence, if required, not only in identifying and selecting the correct portable fire extinguisher but also the correct and safe use of the extinguisher.

The areas that will be covered in this course are:

- Legislation
- Theory of fire
- Classification of fires
- Fire spread
- The common causes of fire
- Good housekeeping
- Legislation governing extinguishers
- Classification of extinguishers
- Live fire demonstration with delegate participation

The last half hour will be the *live fire demonstration*. 3 types of extinguishers (water/foam/CO2) will be introduced. For this demonstration the trainer will need an open area minimum of 3 car parking spaces.





Fire Warden Training

The duration of the course is 4 hours. Each course can take 12-15 delegates max.

The Course aim is to enable staff to manage a fire or other similar emergency efficiently and effectively to meet the legal requirements to train staff. The 4-hour accredited course is designed to enable employers to have competent people available to respond positively to an emergency, which may be created by a fire emergency or another similar emergency. Both fire safety and general health & safety duties require employers to prepare and plan for such eventualities. This course has been designed with the aim of creating a competent person to take charge in an emergency and be aware of fire risks within the workplace to reduce fire-associated hazards. This course is designed for supervisors and managers who have been appointed to look after the fire arrangements in their workplace.

The areas that will be covered in this course are:

- General Fire Precautions to be observed in all workplaces
- The role of the Fire Warden
- Common causes of fire and ignition sources
- The Regulatory Reform (Fire Safety) Order 2005/Fire Scotland Act 2005
- Fire prevention measures
- The Fire Triangle
- Theoretical Group Fire Exercise
- How fire/smoke spreads
- Fire extinguisher selection
- Practical Fire extinguisher use
- Emergency/evacuation procedures
- Waste Management issues
- Action to be taken on hearing a fire alarm
- Information required by the Fire Service on arrival
- Special arrangements for staff with disabilities and visitors
- Practical training in the use of First Aid Fire Fighting equipment
- Fire Warden Examination to confirm learning



The course syllabus is as required under the Fire Safety (Scotland) Regulations 2006.

The last half hour will be the *live fire demonstration*. 3 types of extinguishers (water/foam/CO2) will be introduced. For this demonstration the trainer will need an open area minimum of 3 car parking spaces.